

# Attitude: You -- & One String!

April 19, 2020

**Text:** 1Pet 4:19; James 1:2-6

## I. What Kind of **ATTITUDE** Dominates Your Life?

How you handle problems has an awful lot to do with your attitude towards them.

*Hebrews 5:8 (NASB) Although He was a Son, He learned obedience from the things which He suffered.*

## II. Do Your **PROBLEMS** Control Your Attitude or Your **ATTITUDE** the Problems?

Life is 10% what happens to us & 90% how we respond to it.

## III. Attitudes Are All **IMPORTANT**.

*Phil 2:1 (NASB) If therefore there is any encouragement in Christ, if there is any consolation of love, if there is any fellowship of the Spirit, if any affection and compassion, make my joy complete by being of the same mind, maintaining the same love, united in spirit, intent on one purpose.*

### Attitude of Unselfish **HUMILITY**

*Phil 2:3-4 (NASB) Do nothing from selfishness or empty conceit, but with humility of mind let each of you regard one another as more important than himself; do not [merely] look out for your own personal interests, but also for the interests of others.*

### Attitude of Positive **ENCOURAGEMENT**

*Phil 2:14 (NASB) Do all things without grumbling or disputing;*

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### Attitude of Genuine **JOY**

*Phil 3:1 (NASB) Finally, my brethren, rejoice in the Lord . . .*

*Phil 4:1 (NASB) Therefore, my beloved brethren whom I long [to see], my joy and crown, so stand firm in the Lord, my beloved.*

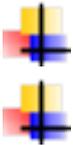
*Phil 4:4-7 (NASB) Rejoice in the Lord always; again I will say, rejoice! Let your forbearing [spirit] be known to all men. The Lord is near. Be anxious for nothing, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, shall guard your hearts and **your minds** in Christ Jesus.*

#### **IV. Aggressive-Passive ALTERNATIVES**

When we deliberately choose **not** to stay positive and deny joy a place in our lives, we'll usually go in 1 of 2 directions, and sometimes both -- the direction of **BLAME** or **SELF-PITY**.

### **BLAME**

This has happened to all of us at one time or another to a certain degree ... and **for some it's a lifelong problem.**



*To react to circumstances with blame.*

*Blame ourselves and we multiply our guilt.*

### **SELF-PITY**

I'm ready to believe that self-pity is **PRIVATE ENEMY #1.**

*Acts 16:25 (NASB) But about midnight Paul and Silas were praying and singing hymns of praise to God, and the prisoners were listening to them;*

#### **Food for The RIGHT Attitude**

*Phil 4:8 (NASB) Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, let your mind dwell on these things.*

**What food are you serving your mind? The choice is yours!**